Australian Government
Department of Social Services

16 Ways FOR 16 Days

16 ways to take action against gender-based violence this **16 Days of Activism**

Day 1 | 25 Nov

Wear orange today for the **International Day for the Elimination of Violence Against Women** to show your support for ending gender-based violence.

Day 2 | 26 Nov

Download a **16 days of Activism Microsoft Teams background and email signature banner** to use at home or work.

DSS 16 Days of Activism Stakeholder Kit

Day 3 | 27 Nov

Learn more about the action the Department of Social Services is taking to help end gender-based violence: **dss.gov.au/ending-violence-and-abuse**

Day 4 | 28 Nov

Learn how one organisation is supporting women and children escaping domestic violence to find safety, hope and new beginnings in the Northern Territory: **dss.gov.au/news/safety-hope-and-new-beginnings**

Day 5 | 29 Nov

Share a post about the **16 Days of Activism against Gender-Based Violence** on your social media channels.

Day 6 |30 Nov

Identify and challenge disrespectful attitudes and behaviours that excuse or normalise violence in your everyday life.

Learn more here **1800respect.org.au/healthy-relationships**

Day 7 | 1 Dec

Read more about consent and access free resources to share with your friends and family: **theline.org**

Day 8 | 2 Dec

Visit a local landmark that is lighting up in orange to mark 16 Days of Activism

Learn more: **16 Days of Activism 2026: resources to help you get involved**

Day 9 | 3 Dec

Learn more about navigating the **Men's Referral Service (MRS)** National Directory.

To find out more visit **www.mrs.org.au/get-help/how-to-search-the-directory/**

Day 10 | 4 Dec

Attend an **event, webinar, or host a group activity** to spread awareness and advocate for change.

Learn more here **safeandequal.org.au/16-days-of-activism-against-gender-based-violence-2026/**

Day 11 | 5 Dec

Learn more about technology-facilitated abuse and its impacts in the context of family, domestic and sexual violence **esafety.gov.au/tech-based-abuse**

Day 12 | 6 Dec

16 Days of Activism is a global initiative

Learn more **unwomen.org/en/what-we-do/ending-violence-against-women/unite/theme**

Day 13 | 7 Dec

Host a workplace morning tea or discussion to **raise awareness of 16 Days of Activism** and gender-based violence.

Day 14 | 8 Dec

Commit to one daily action to help create safer communities.

Learn more here **esafety.gov.au/newsroom/whats-on/help-end-digital-violence-against-women-and-girls**

Day 15 | 9 Dec

Attend a **free workshop**

Workshop bookings are available at **dvalert.org.au/workshops-courses/public-awareness-workshops/public-awareness#row-2913-1001**

Day 16 | 10 Dec

Today is **Human Rights Day**

Get to know the **Domestic, Family and Sexual Violence Advisory Council**.

Learn more **dss.gov.au/dfsv-advisory-council**