

Social Security Payment Parameters

20 March 2026 indexation

Rates

Pension Rates

Pension — Single — Resident

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$1,079.70	\$1,100.30	\$20.60
Pension Supplement	\$84.90	\$86.50	\$1.60
Energy Supplement	\$14.10	\$14.10	-
Typical Total Rate	\$1,178.70	\$1,200.90	\$22.20

Note: also includes illness separated, respite care or partner in gaol.

Pension — Partnered (each) — Resident

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$813.90	\$829.40	\$15.50
Pension Supplement	\$64.00	\$65.20	\$1.20
Energy Supplement	\$10.60	\$10.60	-
Typical Total Rate	\$888.50	\$905.20	\$16.70

Pension — Single — Non-resident

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$1,079.70	\$1,100.30	\$20.60
Pension Supplement — Basic amount	\$29.50	\$30.10	\$0.60
Typical Total Rate	\$1,109.20	\$1,130.40	\$21.20

Pension — Partnered (each) — Non-resident

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$813.90	\$829.40	\$15.50
Pension Supplement — Basic amount	\$24.30	\$24.80	\$0.50
Typical Total Rate	\$838.20	\$854.20	\$16.00

Pension Supplement — Maximum amount

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single	\$84.90	\$86.50	\$1.60
Partnered — Illness separated, respite care or partner in gaol	\$84.90	\$86.50	\$1.60
Partnered (each)	\$64.00	\$65.20	\$1.20

Pension Supplement — Basic amount

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single	\$29.50	\$30.10	\$0.60
Partnered — Illness separated, respite care or partner in gaol	\$29.50	\$30.10	\$0.60
Partnered (each)	\$24.30	\$24.80	\$0.50

Pension Supplement — Minimum amount

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single	\$45.60	\$46.60	\$1.00
Partnered — Illness separated, respite care or partner in gaol	\$45.60	\$46.60	\$1.00
Partnered (each)	\$34.40	\$35.10	\$0.70

Transitional Pension — Single — Resident

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$945.60	\$963.60	\$18.00
Energy Supplement	\$14.10	\$14.10	-
Typical Total Rate	\$959.70	\$977.70	\$18.00

Transitional Pension — Partnered (each) — Resident

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$763.70	\$778.20	\$14.50
Energy Supplement	\$10.60	\$10.60	-
Typical Total Rate	\$774.30	\$788.80	\$14.50

Transitional Pension — Single — Non-resident or absent for >6 weeks

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$867.10	\$883.60	\$16.50
Typical Total Rate	\$867.10	\$883.60	\$16.50

Transitional Pension — Partnered (each) — Non-resident or absent for >6 weeks

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$724.60	\$738.40	\$13.80
Typical Total Rate	\$724.60	\$738.40	\$13.80

Pension Bonus Scheme — Single

Years (bonus periods)	Previous Amount	20 Mar 2026	Increase
1 year	\$2,710.90	\$2,762.70	\$51.80
2 years	\$10,843.50	\$11,050.80	\$207.30
3 years	\$24,398.00	\$24,864.30	\$466.30
4 years	\$43,374.20	\$44,203.20	\$829.00
5 years	\$67,772.10	\$69,067.40	\$1,295.30

Pension Bonus Scheme — Partnered (each)

Years (bonus periods)	Previous Amount	20 Mar 2026	Increase
1 year	\$2,048.60	\$2,087.70	\$39.10
2 years	\$8,194.20	\$8,350.70	\$156.50
3 years	\$18,437.00	\$18,789.00	\$352.00
4 years	\$32,777.00	\$33,402.60	\$625.60
5 years	\$51,214.00	\$52,191.60	\$977.60

Pension Bonus Scheme — Pension Supplement Component

Family situation (per annum)	Previous Amount	20 Mar 2026	Increase
Single	\$767.00	\$782.60	\$15.60
Partnered — illness separated, respite care or partner in gaol	\$767.00	\$782.60	\$15.60
Partnered (each)	\$631.80	\$644.80	\$13.00

Jobseeker Payment Rates

Note: some of the following rates may apply to Special Benefit recipients.

JobSeeker Payment — Single — No dependent children

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$793.60	\$808.70	\$15.10
Energy Supplement	\$8.80	\$8.80	-
Typical Total Rate	\$802.40	\$817.50	\$15.10

JobSeeker Payment — Single — With dependent children

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$849.90	\$866.00	\$16.10
Energy Supplement	\$9.50	\$9.50	-
Typical Total Rate	\$859.40	\$875.50	\$16.10

JobSeeker Payment — Single — Principal carer of a dependent child

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$849.90	\$866.00	\$16.10
Energy Supplement	\$9.50	\$9.50	-
Pharmaceutical Allowance	\$7.00	\$7.00	-
Typical Total Rate	\$866.40	\$882.50	\$16.10

JobSeeker Payment — Single — Principal carer of a dependent child, exempt from the activity test due to foster caring, non-parent relative caring under a court order, home schooling, distance education or large family

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$1,027.70	\$1,047.30	\$19.60
Energy Supplement	\$12.00	\$12.00	-
Pharmaceutical Allowance	\$7.00	\$7.00	-
Typical Total Rate	\$1,046.70	\$1,066.30	\$19.60

JobSeeker Payment — Single — Aged 55 or over — After 9 months on payment

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$849.90	\$866.00	\$16.10
Energy Supplement	\$9.50	\$9.50	-
Pharmaceutical Allowance	\$7.00	\$7.00	-
Typical Total Rate	\$866.40	\$882.50	\$16.10

JobSeeker Payment — Single — Partial capacity to work 0-14 hours

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$849.90	\$866.00	\$16.10
Energy Supplement	\$9.50	\$9.50	-
Pharmaceutical Allowance	\$7.00	\$7.00	-
Typical Total Rate	\$866.40	\$882.50	\$16.10

JobSeeker Payment — Partnered (each)

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$726.50	\$740.30	\$13.80
Energy Supplement	\$7.90	\$7.90	-
Typical Total Rate	\$734.40	\$748.20	\$13.80

Parenting Payment Rates

Parenting Payment Single

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$998.20	\$1,017.20	\$19.00
Pension Supplement — Basic Amount	\$29.50	\$30.10	\$0.60
Pharmaceutical Allowance	\$7.00	\$7.00	-
Energy Supplement	\$12.00	\$12.00	-
Typical Total Rate	\$1,046.70	\$1,066.30	\$19.60

Parenting Payment Partnered

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$726.50	\$740.30	\$13.80
Energy Supplement	\$7.90	\$7.90	-
Typical Total Rate	\$734.40	\$748.20	\$13.80

Youth Allowance Rates

Youth Allowance — Single — Principal carer of a dependent child, exempt from the activity test due to foster caring, non-parent relative caring under a court order, home schooling, distance education or large family

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$1,027.70	\$1,047.30	\$19.60
Energy Supplement	\$12.00	\$12.00	-
Pharmaceutical Allowance	\$7.00	\$7.00	-
Typical Total Rate	\$1,046.70	\$1,066.30	\$19.60

ABSTUDY Rates

ABSTUDY Living Allowance — Standard — Single — Aged 22 or over — At home

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$793.60	\$808.70	\$15.10
Energy Supplement	\$8.80	\$8.80	-
Typical Total Rate	\$802.40	\$817.50	\$15.10

ABSTUDY Living Allowance — Standard — Single — Aged 22 or over — Away from home

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$793.60	\$808.70	\$15.10
Energy Supplement	\$8.80	\$8.80	-
Typical Total Rate	\$802.40	\$817.50	\$15.10

ABSTUDY Living Allowance — Independent — Single — Aged 22 or over — No dependent children

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$793.60	\$808.70	\$15.10
Energy Supplement	\$8.80	\$8.80	-
Typical Total Rate	\$802.40	\$817.50	\$15.10

ABSTUDY Living Allowance — Independent — Single — Aged 22 or over — With dependent children

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$849.90	\$866.00	\$16.10
Energy Supplement	\$9.50	\$9.50	-
Typical Total Rate	\$859.40	\$875.50	\$16.10

ABSTUDY Living Allowance — Independent — Single — Aged 55 or over

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$849.90	\$866.00	\$16.10
Energy Supplement	\$9.50	\$9.50	-
Pharmaceutical Allowance	\$7.00	\$7.00	-
Typical Total Rate	\$866.40	\$882.50	\$16.10

ABSTUDY Living Allowance — Independent — Partnered (each) — Aged 22 or over — No dependent children

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$726.50	\$740.30	\$13.80
Energy Supplement	\$7.90	\$7.90	-
Typical Total Rate	\$734.40	\$748.20	\$13.80

ABSTUDY Living Allowance — Independent — Partnered (each) — Aged 22 or over — With dependent children

Component (per fortnight)	Previous Amount	20 Mar 2026	Increase
Basic Rate	\$726.50	\$740.30	\$13.80
Energy Supplement	\$7.90	\$7.90	-
Typical Total Rate	\$734.40	\$748.20	\$13.80

Commonwealth Rent Assistance**Commonwealth Rent Assistance — SSAct — Maximum rates**

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single	\$215.40	\$219.40	\$4.00
Single — Sharer	\$143.60	\$146.27	\$2.67
Partnered — Illness separated	\$215.40	\$219.40	\$4.00
Partnered — Temporarily separated	\$203.00	\$206.80	\$3.80
Couple	\$203.00	\$206.80	\$3.80

Commonwealth Rent Assistance — SSAct — Rent thresholds

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single	\$152.00	\$154.80	\$2.80
Single — Sharer	\$152.00	\$154.80	\$2.80
Partnered — Illness separated	\$152.00	\$154.80	\$2.80
Partnered — Temporarily separated	\$152.00	\$154.80	\$2.80
Couple	\$246.20	\$250.80	\$4.60

Commonwealth Rent Assistance — SSAct — Rent ceilings

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single	\$439.20	\$447.34	\$8.14
Single — Sharer	\$343.47	\$349.83	\$6.36
Partnered — Illness separated	\$439.20	\$447.34	\$8.14

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Partnered — Temporarily separated	\$422.67	\$430.54	\$7.87
Couple	\$516.87	\$526.54	\$9.67

Commonwealth Rent Assistance — FAACT — Maximum rates

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single — 1 to 2 children	\$253.12	\$257.88	\$4.76
Single — 3 or more children	\$286.02	\$291.48	\$5.46
Partnered — Illness or temporarily separated — 1 to 2 children	\$253.12	\$257.88	\$4.76
Partnered — Illness or temporarily separated — 3 or more children	\$286.02	\$291.48	\$5.46
Couple — 1 to 2 children	\$253.12	\$257.88	\$4.76
Couple — 3 or more children	\$286.02	\$291.48	\$5.46

Commonwealth Rent Assistance — FAACT — Rent thresholds

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single — 1 to 2 children	\$199.50	\$203.28	\$3.78
Single — 3 or more children	\$199.50	\$203.28	\$3.78
Partnered — Illness or temporarily separated — 1 to 2 children	\$199.50	\$203.28	\$3.78
Partnered — Illness or temporarily separated — 3 or more children	\$199.50	\$203.28	\$3.78
Couple — 1 to 2 children	\$294.98	\$300.58	\$5.60
Couple — 3 or more children	\$294.98	\$300.58	\$5.60

Commonwealth Rent Assistance — FAACT — Rent ceilings

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single — 1 to 2 children	\$537.00	\$547.12	\$10.12
Single — 3 or more children	\$580.86	\$591.92	\$11.06
Partnered — Illness or temporarily separated — 1 to 2 children	\$537.00	\$547.12	\$10.12
Partnered — Illness or temporarily separated — 3 or more children	\$580.86	\$591.92	\$11.06
Couple — 1 to 2 children	\$632.48	\$644.42	\$11.94
Couple — 3 or more children	\$676.34	\$689.22	\$12.88

Utilities Allowance Rates

Utilities Allowance

Payment Period	Previous Amount	20 Mar 2026	Increase
Annual payment (single or couple combined)	\$795.20	\$810.40	\$15.20
Quarterly payment (single or couple combined)	\$198.80	\$202.60	\$3.80

Means Testing

Pension Means Testing

Pension — Income limits — Resident

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single	\$2,575.40	\$2,619.80	\$44.40
Couple (combined)	\$3,934.00	\$4,000.80	\$66.80
Couple (combined) — Illness separated	\$5,094.80	\$5,183.60	\$88.80

Pension — Income limits — Non-resident

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single	\$2,436.40	\$2,478.80	\$42.40
Couple (combined)	\$3,732.80	\$3,796.80	\$64.00
Couple (combined) — Illness separated	\$4,816.80	\$4,901.60	\$84.80

Transitional Pension — Income limits — Resident

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single	\$2,617.25	\$2,662.25	\$45.00
Single — 1 dependent child	\$2,641.85	\$2,686.85	\$45.00
Couple (combined)	\$4,251.50	\$4,324.00	\$72.50
Couple (combined) — Illness separated	\$5,178.50	\$5,268.50	\$90.00

Transitional Pension — Income limits — Non-resident

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single	\$2,385.75	\$2,427.00	\$41.25
Single — 1 dependent child	\$2,410.35	\$2,451.60	\$41.25
Couple (combined)	\$4,003.00	\$4,072.00	\$69.00
Couple (combined) — Illness separated	\$4,715.50	\$4,798.00	\$82.50

Pension — Asset limits — Resident — Homeowner

Family situation	Previous Amount	20 Mar 2026	Increase
Single	\$714,500	\$722,000	\$7,500
Couple (combined)	\$1,074,000	\$1,085,000	\$11,000
Couple (combined) — One partner eligible	\$1,074,000	\$1,085,000	\$11,000
Couple (combined) — Illness separated	\$1,267,500	\$1,282,500	\$15,000

Pension — Asset limits — Resident — Non-homeowner

Family situation	Previous Amount	20 Mar 2026	Increase
Single	\$972,500	\$980,000	\$7,500
Couple (combined)	\$1,332,000	\$1,343,000	\$11,000
Couple (combined) — One partner eligible	\$1,332,000	\$1,343,000	\$11,000
Couple (combined) — Illness separated	\$1,525,500	\$1,540,500	\$15,000

Pension — Asset limits — Non-resident — Homeowner

Family situation	Previous Amount	20 Mar 2026	Increase
Single	\$691,250	\$698,500	\$7,250
Couple (combined)	\$1,040,500	\$1,051,000	\$10,500
Couple (combined) — One partner eligible	\$1,040,500	\$1,051,000	\$10,500
Couple (combined) — Illness separated	\$1,221,000	\$1,235,500	\$14,500

Pension — Asset limits — Non-resident — Non-homeowner

Family situation	Previous Amount	20 Mar 2026	Increase
Single	\$949,250	\$956,500	\$7,250
Couple (combined)	\$1,298,500	\$1,309,000	\$10,500
Couple (combined) — One partner eligible	\$1,298,500	\$1,309,000	\$10,500
Couple (combined) — Illness separated	\$1,479,000	\$1,493,500	\$14,500

JobSeeker Payment Means Testing

JobSeeker Payment — Income limits

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single — No dependent children	\$1,505.00	\$1,530.17	\$25.17
Single — With dependent children	\$1,600.00	\$1,626.84	\$26.84
Single — Principal carer of a dependent child	\$2,316.00	\$2,356.25	\$40.25
Single — Principal carer of a dependent child, exempt from the activity test due to foster caring, non-parent relative caring under a court order, home schooling, distance education or large family	\$2,766.75	\$2,815.75	\$49.00
Single — Aged 55 or over — After 9 months on payment	\$1,611.67	\$1,638.50	\$26.83
Single — Partial capacity to work 0-14 hours	\$1,611.67	\$1,638.50	\$26.83
Partnered (each)	\$1,391.67	\$1,414.67	\$23.00
Couple — Single income	\$2,616.00	\$2,662.00	\$46.00

Parenting Payment Means Testing

Parenting Payment Single — Income test

Threshold (per fortnight)	Previous Amount	20 Mar 2026	Increase
Income free area	\$224.60	\$224.60	-
Income limit	\$2,841.35	\$2,890.35	\$49.00

Note: different amounts apply for recipients who have more than one child or who are over Age Pension age.

Parenting Payment Partnered — Income limits

Threshold (per fortnight)	Previous Amount	20 Mar 2026	Increase
Personal income limit	\$1,391.67	\$1,414.67	\$23.00
Partner income limit	\$2,616.00	\$2,662.00	\$46.00
Couple (combined) income limit	\$2,783.67	\$2,829.67	\$46.00
Couple (combined) income limit if partner receives a pension	\$2,783.34	\$2,829.34	\$46.00

Note: different amounts apply for recipients who are over Age Pension age.¹

Youth Allowance Means Testing

Youth Allowance — Income limits — Job seekers

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single — Principal carer of a dependent child, exempt from the activity test due to foster caring, non-parent relative caring under a court order, home schooling, distance education or large family	\$1,911.17	\$1,943.84	\$32.67

ABSTUDY Means Testing

ABSTUDY Living Allowance — Income limits

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Single — Aged 22 or over — No dependent children	\$1,894.17	\$1,919.34	\$25.17
Single — Aged 22 or over — With dependent children	\$1,989.17	\$2,016.00	\$26.83
Single — Aged 55 or over	\$2,000.84	\$2,027.67	\$26.83
Partnered (each)	\$1,780.84	\$1,803.84	\$23.00

Allowances (JobSeeker Payment, Parenting Payment Partnered, Youth Allowance, Austudy) Means Testing

Allowances — Partner income free areas

Family situation (per fortnight)	Previous Amount	20 Mar 2026	Increase
Partner aged between 22 and Age Pension age	\$1,392.00	\$1,415.00	\$23.00
Partner aged under 22 — No dependent children	\$1,307.00	\$1,307.00	-
Partner aged under 22 — With dependent children	\$1,402.00	\$1,402.00	-

Note: different policy applies if partner is a pensioner.

Health Care Cards

Health Care Cards (HCC) — Income limits to claim card

Family situation (per week)	Previous Amount	20 Mar 2026	Increase
Single — No dependent children	\$797.00	\$811.00	\$14.00
Single — 1 dependent child	\$1,362.00	\$1,385.00	\$23.00
Couple (combined) — No dependent children	\$1,362.00	\$1,385.00	\$23.00
For each additional dependent child add	\$34.00	\$34.00	-

Note: to claim a card, average weekly income for previous 8 weeks must be less than the above amounts.

Health Care Cards (HCC) — Income limits to retain card

Family situation (per week)	Previous Amount	20 Mar 2026	Increase
Single — No dependent children	\$996.25	\$1,013.75	\$17.50
Single — 1 dependent child	\$1,702.50	\$1,731.25	\$28.75
Couple (combined) — No dependent children	\$1,702.50	\$1,731.25	\$28.75
For each additional dependent child add	\$42.50	\$42.50	-

Other Amounts

Debt Thresholds

Threshold	Previous Amount	20 Mar 2026	Increase
Small debt waiver threshold	-	\$250.00	-