



Australian Government
Department of Social Services

Support Services Summary

Directory – Central Australia

July 2023

This directory is limited to program, and services funded by Department of Social Services, National Indigenous Australians Agency and Department of Health and Aged Care.

For more information about enhanced Income Management and the SmartCard visit servicesaustralia.gov.au/smartcard or call the **SmartCard eIM hotline on 1800 252 604**.



Support Services Summary Directory – Central Australia

This directory provides an overview of contacts for available support services.

Managing money

Name	Contact details
Waltja Tjutanku Palyapayi (Aboriginal Corporation)	3 Ghan Rd, Ciccone, Alice Springs Mon – Fri, 9am to 3pm (08) 8953 4488
Money Mob Talkabout Limited	79E Todd Mall, Todd Street, Alice Springs Mon – Fri, 9am to 5pm (08) 895302411
Lutheran Church of Australia, South Australia and Northern Territory District Inc	(08) 8953 4488
Financial Counselling Australia Ltd	1800 413 828

Food and emergency relief

Name	Contact details
Lutheran Church of Australia, South Australia and Northern Territory District Inc	(08) 8953 4488
Catholic Church of the Diocese of Darwin Property Trust (trading as CatholicCare NT)	(08) 8962 3065
Multicultural Community Services of Central Australia Incorporated	(08) 8952 8776
Ngaanyatjarra Pitjantjatjara Yankunytjatjara Women's Council Aboriginal Corporation	(08) 8958 2345 Delivered to remote communities across the APY lands.

Name	Contact details
Northern Territory AIDS and Hepatitis Council Incorporated	Shop 3 Reg Harris Lane, Alice Springs Mon – Fri, 8:30am to 5:00pm (08) 8953 3172
St Vincent de Paul Society (NT) Inc	38 Railway Terrace, Alice Springs Mon – Fri, 9:00am to 5:00pm Sat, 9:00am to 1:00pm 13 18 12
Tangentyere Council Aboriginal Corporation	4 Elder Street, Alice Springs Mon – Thurs, 5:30pm to 9:30pm Fri – Sat, 5:30pm to midnight (08) 8951 4222
The Salvation Army (Northern Territory) Property Trust	(08) 8951 0200
Waltja Tjutangku Palyapayi (Aboriginal Corporation)	3 Ghan Road, Ciccone, Alice Springs Mon – Fri, 9:00am to 5:00pm (08) 8953 4488
Womens Safety Services of Central Australia Incorporated	Confidential – address given upon telephone contact (08) 8952 6075
Foodbank Central Australia	1/30 Stuart Highway Mon – Fri, 8:30am to 4:30pm (08) 8952 7707
The Gathering Incorporated	(08) 8988 1177
Mission Australia	(08) 8958 6001
HK Training & Consultancy Pty Ltd	(08) 8927 2499
Crisis Accommodation Gove Incorporated	(08) 8987 1166
Anglicare N.T. Ltd.	Shop 10, Cinema Complex, Leichhardt Terrace Mon – Fri, 8:30am to 4:30pm (08) 8951 8000

Finding local services (inc. accessing services)

Name	Contact details
Northern Territory Primary Health Network (PHN)	(08) 8982 1000

Alcohol and other drug support and treatment services

Name	Contact details
Drug and Alcohol Services Australia Ltd	4 Schwarz Crescent, Alice Springs (08) 8952 8412 Sobering Up Shelter (08) 8950 5011 0458 560 058 Transport to Sobering Up Shelter Tangentyere Night Patrol 1800 133 110 (08) 8953 3110 Head Office (08) 8950 5000
CatholicCare NT	(08) 8958 2400
Forster Foundation For Drug Rehabilitation	16 Beaton Road, Berrimah Mon – Fri, 8:30am to 4:30pm (08) 8942 7400
The Salvation Army Alice Springs Corps	88 Hartley Street, Alice Springs Mon – Fri: 8:30am to 4:30pm (08) 8951 0200
Aboriginal Medical Services Alliance Northern Territory Aboriginal Corporation	34-36 Hartley Street, Alice Springs (08) 8959 4600

Name	Contact details
Ngaanyatjarra Pitjantjatjara Yankunytjatjara Women's Council (NPYWC) (Aboriginal Corporation)	3 Wilkinson Street, Alice Springs (08) 8958 2345
Central Australia Health Service (Yuendumu, Nyerripie, Ti Tree, 6 Mile, Willowra, Sterling, Haarts Range, Bonya Alcoota)	(08) 8951 5294

Gambling addiction support

Name	Contact details
Anglicare N.T. Ltd.	Shop 10, Cinema Complex, Leichhardt Terrace Mon – Fri, 8:30am to 4:30pm (08) 8951 8000

Mental health/emotional support

Name	Contact details
Ngaanyatjarra Pitjantjatjara Yankunytjatjara Women's Council (Aboriginal Corporation)	(08) 8958 2345
Nganampa Health Council Inc	(08) 8952 5300
Aboriginal Medical Services Alliance Northern Territory Aboriginal Corporation	(08) 8959 4600
Central Australia Health Service (Yuendumu, Nyerripie, Ti Tree, 6 Mile, Willowra, Sterling, Haarts Range, Bonya Alcoota)	(08) 8951 5294
The Central Australian Aboriginal Alcohol Programmes Unit Aboriginal Corporation	(08) 8955 4600
Northern Territory Primary Health Network (PHN)	(08) 8982 1000

Maternal and Child Health support

Name	Contact details
Central Australian Aboriginal Congress Aboriginal Corporation	(08) 8951 4400
NT Department of Health Hearing Health Services	(08) 8951 6711

Social Support

Name	Contact details
Tangentyere Council Aboriginal Corporation	(08) 8951 4222
	Night and Youth Patrol 1800 133110 (08) 8953 3110
The Central Australian Aboriginal Alcohol Programmes Unit Aboriginal Corporation	(08) 8955 4600
Ngaanyatjarra Pitjantjatjara Yankunytjatjara Women's Council (Aboriginal Corporation)	(08) 8958 2345

Nationally Available Services

This section provides an overview of national support services available

Organisation	Description	Contact details
Alcohol and Drug Information Service (ADIS) NSW	For free and confidential 24/7 counselling helpline for people concerned around alcohol and/or drug misuse.	1800 250 015
Lifeline 13YARN	13YARN (Thirteen YARN) is the first national crisis support line for First Nations people who are feeling overwhelmed or having difficulty coping. The service offers a confidential one-on-one opportunity with a Lifeline-trained First Nations Crisis Support Worker who can provide crisis support 24/7. 13YARN empowers the community with the opportunity to talk without judgement and provide a culturally safe space to speak about their needs, worries or concerns.	13YARN (13 92 76)
Australian National University (e-hub Assist)	Online self-help mental health programs.	e-hub Assist - Home (ehubhealth.com)

Black Dog Institute	Online self-help programs, psychoeducation and positive psychology.	Black Dog Institute Science. Compassion. Action.
Blue Knot Foundation	Information and support line for anyone affected by complex trauma.	Blue Knot Helpline and Redress Support Service 1300 657 380 Mon – Sun, 9am to 5pm National Counselling and Referral Service – Disability 1800 421 468 or 02 6146 1468 Mon – Fri, 9am to 6pm Sat – Sun and public holidays, 9am to 5pm
Butterfly Foundation	Telephone, online counselling, referral and online support groups for eating disorders and body image issues.	1800 334 673 Mon – Sun, 8am to midnight
Lifeline Australia	24/7 crisis support and telephone counselling.	13 11 14
Alcoholics Anonymous	Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.	1300 222 222
Beyond Blue	24/7 online and email counselling and moderated forums.	1300 224 636
ReachOut	24/7 online support for people aged 12 to 25.	A Safe Place to Chat Anonymously. Get Support & Feel Better ReachOut Australia

		(02) 8029 7777
National Debt Helpline	Provides help to sort out your money (budget).	1800 007 007 Mon – Fri, 9:30am to 4:30pm
Mob Strong Debt Helpline	Provides help to sort out your money (budget).	1800 808 488 Mon – Fri, 9:30am to 4:30pm
Salvation Army	Provides help with food and bills.	13 72 58
St Vincent de Paul Society	Provides help with food and bills.	13 18 12
1800RESPECT	24/7 Domestic or family violence counselling.	1800 737 732
Family Drug Support Australia	24/7 Alcohol or other drug use counselling.	1300 368 186
National Gambling Helpline	24/7 Support for anyone affected by gambling.	1800 858 858
Narcotics Anonymous	Narcotics Anonymous is a non-profit fellowship or society of men and women for whom drugs had become a major problem.	1300 652 820
Hearing Assessment Program – Early Ears	The program provides free, safe and simple hearing checks to children aged 0 - 6 years who do not yet attend full time school and on-going advice and support to parents and carers.	134 432

Qlife	Provides online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTIQ+) people.	1800 184 527 Mon – Sun 3pm to midnight
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Head to Health

An online resource from the Australian Government, designed to connect Australians to trusted mental health and wellbeing support services and information. Products and services available on Head to Health can be accessible via phone, online/digital formats, and/or face-to-face physical locations.

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