



This directory is limited to program, and services funded by Department of Social Services, National Indigenous Australians Agency and Department of Health and Aged Care.

For more information about enhanced Income Management and the SmartCard visit servicesaustralia.gov.au/smartcard or call the **SmartCard eIM hotline on 1800 252 604**.

Support Services Summary

Directory – Central Australia

July 2023



Support Services Summary Directory – Central Australia

This directory provides an overview of contacts for available support services.

Managing money

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| **Name** | **Contact details** |
| Waltja Tjutangku Palyapayi (Aboriginal Corporation) | 3 Ghan Rd, Ciccone, Alice Springs  Mon – Fri, 9am to 3pm (08) 8953 4488 |
| Money Mob Talkabout Limited | 79E Todd Mall, Todd Street, Alice Springs  Mon – Fri, 9am to 5pm (08) 895302411 |
| Lutheran Church of Australia, South Australia and Northern Territory District Inc | (08) 8953 4488 |
| Financial Counselling Australia Ltd | 1800 413 828 |

Food and emergency relief

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| **Name** | **Contact details** |
| Lutheran Church of Australia, South Australia and Northern Territory District Inc | (08) 8953 4488 |
| Catholic Church of the Diocese of Darwin Property Trust (trading as CatholicCare NT) | (08) 8962 3065 |
| Multicultural Community Services of Central Australia Incorporated | (08) 8952 8776 |
| Ngaanyatjarra Pitjantjatjara Yankunytjatjara Women's Council Aboriginal Corporation | (08) 8958 2345  Delivered to remote  communities across the APY lands. |

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| **Name** | **Contact details** |
| Northern Territory AIDS and Hepatitis Council Incorporated | Shop 3 Reg Harris Lane, Alice Springs  Mon – Fri, 8:30am to 5:00pm (08) 8953 3172 |
| St Vincent de Paul Society (NT) Inc | 38 Railway Terrace, Alice Springs  Mon – Fri, 9:00am to 5:00pm Sat, 9:00am to 1:00pm  13 18 12 |
| Tangentyere Council Aboriginal Corporation | 4 Elder Street, Alice Springs Mon – Thurs, 5:30pm to 9:30pm  Fri – Sat, 5:30pm to midnight  (08) 8951 4222 |
| The Salvation Army (Northern Territory) Property Trust | (08) 8951 0200 |
| Waltja Tjutangku Palyapayi (Aboriginal Corporation) | 3 Ghan Road, Ciccone, Alice Springs  Mon – Fri, 9:00am to 5:00pm (08) 8953 4488 |
| Womens Safety Services of Central Australia Incorporated | Confidential – address given upon telephone contact  (08) 8952 6075 |
| Foodbank Central Australia | 1/30 Stuart Highway  Mon – Fri, 8:30am to 4:30pm (08) 8952 7707 |
| The Gathering Incorporated | (08) 8988 1177 |
| Mission Australia | (08) 8958 6001 |
| HK Training & Consultancy Pty Ltd | (08) 8927 2499 |
| Crisis Accommodation Gove Incorporated | (08) 8987 1166 |
| Anglicare N.T. Ltd. | Shop 10, Cinema Complex, Leichhardt Terrace  Mon – Fri, 8:30am to 4:30pm (08) 8951 8000 |

Finding local services (inc. accessing services)

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| **Name** | **Contact details** |
| Northern Territory Primary Health Network (PHN) | (08) 8982 1000 |

Alcohol and other drug support and treatment services

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| **Name** | **Contact details** |
| Drug and Alcohol Services Australia Ltd | 4 Schwarz Crescent, Alice Springs  (08) 8952 8412  Sobering Up Shelter (08) 8950 5011  0458 560 058  Transport to Sobering Up Shelter  Tangentyere Night Patrol 1800 133 110  (08) 8953 3110  Head Office  (08) 8950 5000 |
| CatholicCare NT | (08) 8958 2400 |
| Forster Foundation For Drug Rehabilitation | 16 Beaton Road, Berrimah Mon – Fri, 8:30am to 4:30pm (08) 8942 7400 |
| The Salvation Army Alice Springs Corps | 88 Hartley Street, Alice Springs  Mon – Fri: 8:30am to 4:30pm (08) 8951 0200 |
| Aboriginal Medical Services Alliance Northern Territory Aboriginal Corporation | 34-36 Hartley Street, Alice Springs  (08) 8959 4600 |

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| **Name** | **Contact details** |
| Ngaanyatjarra Pitjantjatjara Yankunytjatjara Women's Council (NPYWC) (Aboriginal  Corporation) | 3 Wilkinson Street, Alice Springs  (08) 8958 2345 |
| Central Australia Health Service (Yuendumu, Nyerripie, Ti Tree, 6 Mile, Willowra, Sterling,  Haarts Range, Bonya Alcoota) | (08) 8951 5294 |

Gambling addiction support

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| **Name** | **Contact details** |
| Anglicare N.T. Ltd. | Shop 10, Cinema Complex, Leichhardt Terrace  Mon – Fri, 8:30am to 4:30pm (08) 8951 8000 |

Mental health/emotional support

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| **Name** | **Contact details** |
| Ngaanyatjarra Pitjantjatjara Yankunytjatjara Women’s Council (Aboriginal Corporation) | (08) 8958 2345 |
| Nganampa Health Council Inc | (08) 8952 5300 |
| Aboriginal Medical Services Alliance Northern Territory Aboriginal Corporation | (08) 8959 4600 |
| Central Australia Health Service (Yuendumu, Nyerripie, Ti Tree, 6 Mile, Willowra, Sterling, Haarts Range, Bonya Alcoota) | (08) 8951 5294 |
| The Central Australian Aboriginal Alcohol Programmes Unit Aboriginal Corporation | (08) 8955 4600 |
| Northern Territory Primary Health Network (PHN) | (08) 8982 1000 |

Maternal and Child Health support

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| **Name** | **Contact details** |
| Central Australian Aboriginal Congress Aboriginal Corporation | (08) 8951 4400 |
| NT Department of Health Hearing Health Services | (08) 8951 6711 |

Social Support

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| **Name** | **Contact details** |
| Tangentyere Council Aboriginal Corporation | (08) 8951 4222  Night and Youth Patrol 1800 133110  (08) 8953 3110 |
| The Central Australian Aboriginal Alcohol Programmes Unit Aboriginal Corporation | (08) 8955 4600 |
| Ngaanyatjarra Pitjantjatjara Yankunytjatjara Women’s Council (Aboriginal Corporation) | (08) 8958 2345 |

# Nationally Available Services

This section provides an overview of national support services available

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| **Organisation** | **Description** | **Contact details** |
| Alcohol and Drug Information Service (ADIS) NSW | For free and confidential 24/7 counselling helpline for people concerned around alcohol and/or drug misuse. | 1800 250 015 |
| Lifeline 13YARN | 13YARN (Thirteen YARN) is the first national crisis support line for First Nations people who are feeling overwhelmed or having difficulty coping. The service offers a confidential one-on- one opportunity with a Lifeline-trained First Nations Crisis Support Worker who can provide crisis support 24/7. 13YARN  empowers the community with the opportunity to talk without judgement and provide a culturally safe space to speak about their needs, worries or concerns. | 13YARN (13 92 76) |
| Australian National University (e- hub Assist) | Online self-help mental health programs. | [e-hub Assist - Home (ehubhealth.com)](https://assist.ehubhealth.com/) |

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| Black Dog Institute | Online self-help programs, psychoeducation and positive psychology. | [Black Dog Institute | Science.](https://www.blackdoginstitute.org.au/) [Compassion. Action.](https://www.blackdoginstitute.org.au/) |
| Blue Knot Foundation | Information and support line for anyone affected by complex trauma. | Blue Knot Helpline and Redress Support Service 1300 657 380  Mon – Sun, 9am to 5pm  National Counselling and Referral Service – Disability 1800 421 468 or 02 6146  1468  Mon – Fri, 9am to 6pm  Sat – Sun and public holidays, 9am to 5pm |
| Butterfly Foundation | Telephone, online counselling, referral and online support groups for eating disorders and body image issues. | 1800 334 673  Mon – Sun, 8am to midnight |
| Lifeline Australia | 24/7 crisis support and telephone counselling. | 13 11 14 |
| Alcoholics Anonymous | Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. | 1300 222 222 |
| Beyond Blue | 24/7 online and email counselling and moderated forums. | 1300 224 636 |
| ReachOut | 24/7 online support for people aged 12 to 25. | [A Safe Place to Chat](https://au.reachout.com/) [Anonymously, Get Support &](https://au.reachout.com/) [Feel Better | ReachOut](https://au.reachout.com/) [Australia](https://au.reachout.com/) |

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|  |  | (02) 8029 7777 |
| National Debt Helpline | Provides help to sort out your money (budget). | 1800 007 007  Mon – Fri, 9:30am to 4:30pm |
| Mob Strong Debt Helpline | Provides help to sort out your money (budget). | 1800 808 488  Mon – Fri, 9:30am to 4:30pm |
| Salvation Army | Provides help with food and bills. | 13 72 58 |
| St Vincent de Paul Society | Provides help with food and bills. | 13 18 12 |
| 1800RESPECT | 24/7 Domestic or family violence counselling. | 1800 737 732 |
| Family Drug Support Australia | 24/7 Alcohol or other drug use counselling. | 1300 368 186 |
| National Gambling Helpline | 24/7 Support for anyone affected by gambling. | 1800 858 858 |
| Narcotics Anonymous | Narcotics Anonymous is a non-profit fellowship or society of men and women for whom drugs had become a major problem. | 1300 652 820 |
| Hearing Assessment Program – Early Ears | The program provides free, safe and simple hearing checks to children aged 0 - 6 years who do not yet attend full time school and on-going advice and support to parents and carers. | 134 432 |

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| Qlife | Provides online chat or phone counselling for lesbian, gay, bisexual, transgender and intersex (LGBTIQ+) people. | 1800 184 527  Mon – Sun 3pm to midnight |
| Head to Health | An online resource from the Australian Government, designed to connect Australians to trusted mental health and wellbeing support services and information. Products and services available on Head to Health can be accessible via phone, online/digital formats, and/or face- to-face physical  locations. | [Home | Head to Health](https://www.headtohealth.gov.au/) |